

HUMAN SEXUALITY

# The Transgender Handbook

# TRANS

**A Guide for  
Transgender People,  
Their Families  
and Professionals**

**Walter Pierre Bouman  
Jon Arcelus**  
Editors

NOVA



Editors

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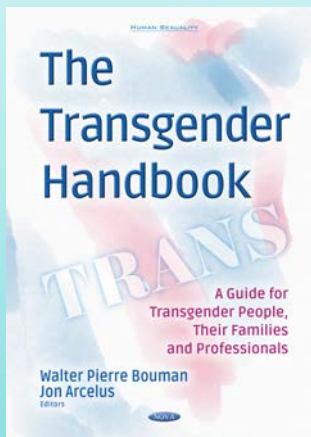
## Book Description:

This handbook is written for transgender people, their families and friends; for professionals who in their day-to-day job may encounter transgender people; and for students, teachers, educators, academics, and members of the public at large with an interest in transgender people.

This handbook gives an in-depth overview on a wide spectrum of issues encountered by transgender people, from childhood to later on in life. Key topics addressed include medical and surgical treatments, access to transgender health care, sexuality, mental health issues, fertility, education, and employment.

This practical guide is written in a clear and concise manner by more than 40 international specialists in the field of transgender health and well-being.

This essential text is extensively referenced and illustrated, and informs the reader on a broad range of important gender-affirming issues.



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## Table of Contents:

### **Chapter 1.** Language and Terminology

*(Jon Arcelus and Walter Pierre Bouman, Institute of Mental Health, University of Nottingham, Nottingham, UK, and others)*

### **Chapter 2.** The Prevalence of Being Transgender: Estimating the Size of the Transgender Population

*(Jon Arcelus and Walter Pierre Bouman)*

### **Chapter 3.** Historical Background and Theories Regarding the Causes of Being Transgender

*(Walter Pierre Bouman and Jon Arcelus)*

### **Chapter 4.** Diagnostic Classification for Gender Identity-Related Phenomena over the Years

*(Titia F. Beek, Peggy T. Cohen-Kettenis and Baudewijntje P. C. Kreukels, Center of Expertise on Gender Dysphoria, VU University Medical Center, Amsterdam, the Netherlands)*

### **Chapter 5.** Gender Dysphoria and Gender Incongruence in Children

*(Thomas Steensma and Jiska Ristori, Center of Expertise on Gender Dysphoria, VU University Medical Center, Amsterdam, the Netherlands, and others)*

### **Chapter 6.** Transgender Youth

*(Annelou L. C. de Vries and Scott Leibowitz, Center of Expertise on Gender Dysphoria, VU University Medical Center, Amsterdam, the Netherlands, and others)*

### **Chapter 7.** Transgender Families

*(Joz Motmans, Myrte Dierckx and Dimitri Mortelmans, Gent University Hospital, Gent, Belgium, and others)*

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## Book Review:

“This book serves to highlight the complexity of gender in a way that is accessible to all readers. Walter Pierre Bouman and Jon Arcelus have done a commendable job at putting together a book that will act as a much-needed support resource for anyone who is questioning their own gender identity, transitioning, or supporting a loved one. I believe this book will leave all who read it better informed and, as such, represents an invaluable tool for increasing education, support, and acceptance.”

**Dr. Gemma L. Witcomb**  
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**Loughborough University**  
**Loughborough, UK**